KONA HONGWANJI BUDDHIST TEMPLE



E - JIHO August 2014



Theme & Slogan 2014: Path of Entrusting: Share Peace!

Cemetery Bon Service
Sunday, August 10, 2014 at 9:00 a.m.
Service will be held at the Cemetery

Donations to IPad Fund and Hawaii Kyodan Dues

The IPad Fund raising has ended. Thanks to your generous donations, we have reached our goal and purchased IPads for the Pre-School. We are continuing to ask for donations to help pay our **Hawaii Kyodan dues**. Please read details in the **For Your Information** column in this issue for updates. Thank you very much for your \$\$\$\$\$ donations.

MINISTER IN RESIDENCE AT KONA HONGWANJI Reverend Bruce Nakamura Effective September 4, 2014

At the Board of Directors meeting on June 11, 2014, President Norma Matsumoto received communication from Bishop Eric Matsumoto that Reverend Bruce Nakamura will be assigned to Kona Hongwanji as its next minister. Reverend Nakamura is currently assigned to Lihue and West Kauai Hongwanji Mission for over 2 years. Bishop Matsumoto approved his vacation from August 28 to September 3, 2014. He stated "Rev. Nakamura is a dedicated and committed veteran minister of Hawaii Kyodan and asks the help and support of temple members and its leaders to move Kona Hongwanji and the Hawaii Kyodan into a more secure and brighter future. We must return Hawaii Kyodan to a united Sangha". Kona Hongwanji looks forward to having a veteran and dedicated minister with Big Island roots to reach out to our members and increase attendance at church services and share the Dharma with the community at large.

His first service will be on Sunday, September 7, 2014 at 9:00 a.m. Please join us to welcome Reverend Bruce Nakamura to Kona Hongwanji. Refreshments and fellowship will follow in the social hall.

Until a Resident Minister is assigned: For emergencies contact Kyodan President, Norma Matsumoto at 987-9900 or 323-2552 or 989-3015. To schedule services and/or activities call the church office at 323-2993. Office hours are Monday thru Friday 8:00 a.m. to 4:00 p.m. Office closed on weekends and holidays. If unable to contact office Clerk, leave message on the answering machine.

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3 Sunday	9:00 AM	English Family Service
6 Wednesday	10:30 AM	HAIB Meeting
8 Friday	8:30 AM	Senior Activity Program
9 Saturday		Ikebana Canceled
10 Sunday	9:00 AM	Cemetery Bon Service
13 Wednesday	7:00 PM	Board of Director's Meeting
17 Sunday	9:00 AM	English Family Service
24 Sunday	9:00 AM	English Family Service
30 Saturday		Cub Scouts Induction Nite
31 Sunday	9:00 AM	English Family Service

	<u> </u>	<u>SEPTEMBER</u>
1 Monday	2:00 PM	Judo Club Fishing Tournament Weigh-In
7 Sunday	9:00 AM	English Family Service - Grandparent's Day
		Welcome Fellowship for Rev. Bruce Nakamura
12 Friday thru 13 Saturday -		Lay Convention @ Puna Hongwanji
14 Sunday	9:00 AM	English Family Service
19 Friday	3:00 PM	Cub Scouts Pancake Breakfast Set-up
20 Saturday	7:00 AM	Cub Scouts Pancake Breakfast
21 Sunday	9:00 AM	Peace Day Service
28 Sunday	9:00 AM	Autumn O-Higan Service

CUB SCOUTS & BOY SCOUTS

EVERY MONDAY CUB SCOUT PACK 12 MEETING AT 5:00 PM EVERY WEDNESDAY & THURSDAY CUB SCOUT PACK 12 MEETING AT 5:00 PM EXCEPT 1ST WEDNESDAY EVERY TUESDAY BOY SCOUT TROOP 59 MEETING AT 7:00 PM

TAIKO PRACTICE

EVERY THURSDAY TAIKO PRACTICE AT 5:30 PM TAIKO MEETING EVERY 2nd THURSDAY IN THE SOCIAL HALL AT 6:30 PM

JUDO PRACTICE

JUDO CLUB MEETING EVERY 1ST WEDNESDAY IN SCOUT ROOM **EVERY MONDAY AT 7:00 PM NIGHT CLASS** EVERY WEDNESDAY AT 6:00 PM NOVICE; 7:00 PM NIGHT CLASS **EVERY TUESDAY AT 6:30 PM ADULT ONLY** EVERY THURSDAY AT 7:00 PM KATA CLASS

IKEBANA

EVERY 2^{ND} SATURDAY $\overline{\text{AT 9:00 AM}}$ IN THE SCOUT ROOM

MEMORIAL SERVICES FOR AUGUST and SEPTEMBER, 2014

First Year (2013)	August	2	YOSHIMI TANIYAMA
	_	16	HAZEL AYAKO AOYAGI
		26	SASAE TAKEMOTO MURAKAMI
		26	KIMIYO "DOROTHY" KONDO
	September	4	GEORGE AKIRA FUJINO
		6	GLEN FUSAO MATSUMOTO
		25	FUMIO MATSUKA
Third Year (2012)	August	3	EMIKO SATO
, ,	September	28	KAZUYE OZAKI

Seventh Year (2008)	August	5	HARRY CHIKARA NAKASHIMA
Thirteenth Year (2002)	August September	25 17 28	KIKUE KUMANO KAZUMA SATO CHARLES HIFUMI KATAYAMA
Seventeenth Year (1998)	August	12 15	MARK MASAICHI ONAKA SHIGEKO "DORIS" OKUMURA
Twenty-Fifth Year (1990)	August September	8 28 12	TROY TAKAO SHIRAKI NOBORU YOSHIKI MICHAEL TOSHIO MATSUMOTO
Thirty-third Year (1982)	August September	13 22 26 3	CHRISTINE TOUNZEN SHIGEICHI DOI GENTARO KITAOKA HATSUYO AOKI
Fiftieth Year (1965)	August September	24 8 23 28	SOKUTARO ASHIHARA KAKUHEI YASUDA TAKEO UCHIMURA SANFORD KUKITA
One Hundredth Year (1915)	August September	29 1 28	HIROKICHI MIZUTA CHIYOKICHI ASHIKAWA CHIYOKO ARAO

PRESIDENT'S MESSAGE

by Norma Matsumoto

O bon season is upon us and it is time to remember your loved ones now gone. Your temple does its best to take care of them, sometimes, in the absence of family members, long gone from the Kona area. We have many gravesites, now cared for by our scouts or other affiliate organizations.

I now have the urns of my former in-laws on my butsudan because none of their children remain on this island, and none are practicing Buddhist. Many of us that are 3rd and 4th generation would, if pressed on a survey or something, say we are Buddhist. Many of us are living in the 'grey area' of a practicing Buddhist. We live a moral life and teach our children to live humbly and gratefully, but we have forgotten many traditions. We are the 'KGB', the 'kinda good Buddhists'!! If we KGB unite, we'd surely be a huge influential bloc in changing Buddhism in Kona and in the state. Watch out...I may call a meeting of the 'KGB' one day!

We will have a new resident minister, Reverend Bruce Nakamura, and I hope Kona will come out to welcome him. We have long hoped for an English-speaking minister, and we finally have one. It is our hope that temple programs and its minister can meet the needs of the community, spiritually, and enhance the lives of our busy Sangha.

In Gassho

For Your Information

By Mary Katayama

Pre-School IPad Fund: The **IPad** Fund raising has ended. Thank you very much for your support to the Pre-School. We have reached our goal of \$1,500. We have purchased 3 IPads with covers for 3 classrooms. It has arrived and distributed to teachers. Director Nancy Powers Grant is developing Guidelines for its use. You may visit the classrooms to see how it is being utilized by calling 323-3737.

Mr. Yasunori Deguchi: "Mr. D" (as we affectionately call him) was awarded the **Legion of Honor medal from the French Government** at an awards ceremony at Pearl Harbor on July 2, 2014. He was one of seven (7) Japanese-American members

of the famed 442nd Regimental Combat Team and the 100th Battalion who was honored. A member of the Canadian Army who is currently residing on Oahu was also honored. "Mr. D", age 89, veteran of World War II and member of the 442nd Regimental Combat Team received two Purple Hearts. As he stated, "veterans view the awards not as individual achievement, but as honoring the exploits of their units". After 71 years, there are not many veterans left. We thank "Mr. D" for his service, not only as a veteran but also as a dedicated leader of Kona Hongwanji. He served as kyodan president from 1990 to 1998 and thereafter as Advisor to the board. **Arigato "Mr. D."**

Hawaii Kyodan Dues: Hawaii Kyodan, various temples and some members have expressed concerns regarding our Hawaii Kyodan dues. Due to the continuing operational loss each year, in 2007 the Board made the difficult decision to pay \$1,000 every month and identify other sources of income to ensure the survival of our temple for the next generation. This decision meant carrying a large balance forward each year. In January 2011, Bishop and members of Hawaii Kyodan met with our board to discuss payment of dues. At their next meeting the board implemented the following: 1) raise membership dues \$20 every year; 2) request additional donation from members for dues; 3) borrow from the Living Memorial Fund to build new rental units; and 4) delay over \$300,000 in maintenance projects. Borrowing monies from the Living Memorial Fund means, it must be replaced. This restricted fund is an "Endowment fund" started in 1980 by our pioneers. Policies are in place for its use. Since 2007 our annual Hawaii Kyodan dues ranged from \$35,000 to \$42,288.89. On paper our financials looks good, similar to other temples including Hawaii Kyodan, as majority of monies are in reserved funds for specific use. Our 2013 dues was \$36,377, we paid \$22,490 (\$10,490 from member donations added to \$12,000). 2014 dues is \$38,118, we continue to pay \$1,000/month and your donations to date (6/1/14) is \$6,391. Our balance brought forward is \$109,789.76. Pressure is mounting from Bishop and Hawaii Kyodan to meet our financial obligations. The question for members is--sustainability! Do we want Kona Hongwanji to be here for the next generation? You are encouraged to attend board meetings to voice your concerns, support and/or listen to proceedings. The board meets on the 2nd Wednesday of every EVEN month (February, April, June, August, October, December) at 7:00 p.m.

HEADQUARTERS UPDATE

SPECIAL ANNOUNCEMENT FROM PACIFIC BUDDHIST ACADEMY

Dear Hongwanji Members:

We have just received news that could make a big difference in Hawaii's Hongwanji community for generations! Pacific Buddhist Academy has been awarded a \$1.5 million capital improvement project grant by The Harry and Jeanette Weinberg Foundation, one of the largest private foundations in the nation. We are thrilled by this honor.

The generosity of the Weinberg Foundation brings PBA and our school community a giant step closer to a new school building. The new facility will house features such as a science lab and tea ceremony room which will promote and enhance the learning experiences of PBA students while expanding their cultural understanding. With additional classrooms, PBA will also be able to touch the lives of more students.

The Hongwanji community has provided PBA with its wholehearted support for the past 11 years, for which we are deeply grateful. The "Bodhi Day Walk for Peace" led by the ministers of the Honpa Hongwanji Mission of Hawaii raised community awareness about PBA and our capital campaign. We also sincerely appreciate the kindness and generous donations and pledges that PBA has received from the Hongwanji community. Your support -- in words and actions -- has been very meaningful. As we continue to move closer toward our Capital Campaign fundraising goal, we are hopeful that we can continue to count on you for your support. We will keep you updated with the latest news as progress is made.

Since our humble beginnings in 2003 with just 14 students, PBA has steadily grown to become a truly transformative college preparatory experience, a place where students thrive academically, socially and spiritually. We are proud to say every one of our PBA graduates has been accepted to a college or university, and some are just beginning what will be fulfilling careers in the service of others. Thank you for helping us put "high school in a whole new light" and being part of our students' success. With gratitude.

Joel Determan Chair, Board of Trustees Pacific Buddhist Academy

JINJI - MINISTERIAL ASSIGNMENTS

Rev. Blayne Higa has been relieved from the position of the Minister's Aide (Kaikyoshi-ho), and assigned as a part-time Assisting Minister to Moiliili Hongwanji Mission under State Headquarters with daily supervision provided by the Resident Minister of Moiliili Hongwanji Mission, Rev. Bert Sumikawa effective July 1, 2014.

Rev. Bruce Nakamura, the Resident Minister of Lihue Hongwanji Mission, will be assigned to Kona Hongwanji Mission as its Resident Minister effective September 1, 2014.

Rev. Kazunori Takahashi, the Resident Minister of Kapaa Hongwanji Mission, will be assigned to Lihue Hongwanji Mission as its Resident Minister effective September 1, 2014. Rev. Takahashi will be overseeing Kapaa Hongwanji Mission until the new Resident Minister will be assigned there.

STATE DHARMA EDUCATOR'S CONFERENCE

The Dharma School Teachers of Oahu District will be hosting the State Dharma Educator's Conference on October 11-12, 2014 at Ala Moana Hotel. The theme of this conference is "Engage! The Dharma" and the goals of the conference are engaging various segments of our population: young people, eager learners of the Dharma, and temple leaders, planning for the future is an important link for the fruition of your ideas, and spreading of Buddhism and Mindfulness to further the concept of Peace. For more information and registration, please see the attached packet. The deadline for registration is August 15, 2014.

Bad to the Bon

by William Tokuko Lundquist

I never thought I'd see another Bon dance, much less dance in one, but that's exactly what happened during a visit to my sister's home in June. My sister lives in Ontario, Oregon, home of the Idaho-Oregon Buddhist Temple, where I first learned about Amida Buddha and Jodo-Shinshu. The temple, like Kona Hongwanji, is in a rural farming region. An ad for Murakami Produce reads, "See us for all your onion marketing needs." Unlike Kona, however, there are no other Buddhist temples for hundreds of miles in any direction. It is truly alone. Yet, for 68 years the temple has held a one-day celebration of the Obon season and Japanese culture. It's a small affair, compared with the Bon dances in Hawaii, but has always been well supported by the entire community. The local newspaper runs a special section on the event each year, and lots of area businesses advertise in it.

Long known as Japan Nite, the event now bills itself as the Obon Festival. It is held from 4 to 9 p.m., which is entirely in the daylight because Ontario is on the very western edge of the Rocky Mountain time zone. There are no lights in the lanterns and the yagura is more a stage than a tower. We were lucky that the temperature was in the 80s, because it is often well over 100. Maybe because of that, there are only eight dances, with a half-hour intermission in the middle.

There are also only three rehearsal nights for the dances, all held the week of the Bon dance. We managed to get there for the last practice. We were hoping some of the dances would be ones we knew from Kona, but the Tanko Bushi was the only one we'd ever done before. Unlike in Hawaii, where it is always the first dance, it has always been the concluding dance in Ontario. I would guess they do it last because dancers might be ready to drop from heat exhaustion by that time most years. We had a hard time trying to learn the unfamiliar dances by just doing them once each, and we were even two years out of practice for the Tanko Bushi, though that one came back pretty quickly. We were also able to catch on to a slower, simple number done to the old song "Sukiyaki." It was done with castanets held between the thumb and forefinger so we could click out the beat of the song while doing graceful arm motions. It reminded me of hula dances where they use flat stones between the fingers. An older lady said she had always liked the beautiful song, but that it was named "Sukiyaki" because that was the only Japanese word Americans knew when it was written. It might as well have been called "Teriyaki." The dancing actually opened with the Hanagasa Ondo done with hats. We'd used Bon towels, fans and sticks in dances, but never hats. We were surprised to see that they used Bon towels in only two dances, then put them all back into boxes like we do with sticks. They tried to gather up the Kona Hongwanji towels we were proudly wearing, but we explained we brought our own.

Most of the dancers at the practice were teenagers who had been recruited out of Fruitland High School across the border in Idaho. Most were neither Japanese nor Buddhist, but they seemed to be having a lot of fun. Rev. Fujimoto's wife Sharmon choreographed a modern dance to "Happy" from the movie "Despicable Me." We tried it once, but had trouble keeping up with the teenagers. It just moved too fast. The temple had a stock of yakutas and happi coats to loan out to the dancers. None of them were large enough to fit us.

The actual festival began at 4 p.m. with the opening of the food booths. They offered tempura boxes, shish-kabob, udon and bento boxes. Desserts included my favorite, andagi, which they called Okinawa dango. Unfortunately, by the time we arrived around 6 p.m., they were out of just about everything except mafa chicken, which was fried that morning and refrigerated until the evening. We hadn't encountered the word "mafa" in Hawaii and wondered if it was a Japanese spelling of mar-far chicken,

which you find in Chinese restaurants. They told us it was chicken fried in flour and bean curd. In any case, it tasted just fine. They also sold a variety of Obon T-shirts which said, yes, "Bad to the Bon."

The temple was open from 4 to 6 p.m. for a series of half-hour talks such as "Four Marks of Existence," "Obon and Obon Dancing," and "Elements of a Sunday Service." They also had half-hour talko and kempo demonstrations, and a display of Japanese bridal gowns. It was all very interesting and educational for those who didn't know much about Japanese culture or Buddhism, which was the majority of those attending. By 7:30, everything had been closed down and cleaned up so everyone could concentrate on the dancing. It all started with a procession of dancers and spectators holding hats containing flower petals which they cast into the air. That's why the first dance was the Hanagasa Ondo, or Flower Hat Dance. Surprisingly, half the people left after the food was gone. Even fewer spectators remained after the half-hour intermission following the first four dances. The teens from Fruitland High School made up a good percentage of the dancers, but there were also some of the ladies from the temple and a fair amount of spectators joining in to give it their best shot. By the closing Tanko Bushi dance, most of the people left were dancing.

In contrast to Rev. Shoji, who rarely did more than one circuit of the opening Tanko Bushi in Kona, Rev. Fujimoto either danced or drummed in all the numbers, and he did it in those traditional raised wooden sandals. As he opened the dancing, he said, "There's an old saying that you are a fool if you dance and you are a fool if you don't dance. Since you are a fool either way, you might as well dance." It was a treat for us to be dancing fools once more.

NEW MEMBER

We welcome two new members to Kona Hongwanji this month, MR. HIROKI ISHIMARU and MRS. YUMI ISHIMARU residing in Kailua-Kona. Mr. Ishimaru is retired and willing to do volunteering. Kona Hongwanji can certainly use his services. Mrs. Ishimaru is currently employed as a travel agen.

CUB SCOUTS PACK 12

SUMMER CAMP - Palika Ranch

Palika Ranch here we come....Weejay Paris has generously agreed to let our Pack use her ranch as a venue for our summer camp scheduled for July 26th and 27th. This past March we did a day camp to help rid the Ranch coral of Fireweeds. Fireweeds spread fast and wildly in the pasture land. It is very harmful to horses and cows.

Each camp experience teaches the boys to prepare for camp. Packing up basic thing like bedding, extra clothing, toiletries, food and water, and teaching them how put up a tent up for shelter, learning safety & life skills with teamwork!

Even though we are on Summer Vacation and there is no school? Scouting is an all year round organization and Kona Hongwanji's Pack #12 is the largest & most active group in Kona!

RECRUITING

Kick off for recruiting new scouts will be beginning on July 30th at Konawaena Elementary Meet & Greet.

Pack #12 excepting boys between 1st and 5th grade. We are having a great time and keeping very busy. If anyone is interested in joining please call Lynn Gusman at 324-0708. Meetings are Mondays from 5:00 pm to 7:00 pm. Extended days Wednesdays & Thursdays at 5:00 pm to 7:00pm.

Upcoming Events:

July 26-27 – Summer camp Palika Ranch August 4 – First Cub Scout meeting August 30 – Induction night Sept 20 – All you can eat Pancake Breakfast Fundraiser

SAVE THE DATE!

Mark your calendars for Sunday, November 23, 2014 and plan to attend the 125th Anniversary celebration of the Honpa Hongwanji Mission of Hawaii. Festivities will take place at Sangha Hall in Hilo. Also taking place at the same time is the 125th Anniversary celebration of the Honpa Hongwanji Hilo Betsuin. Festivities kick off with a Chigo Parade at 9:00am; Picture Taking at 9:30am; and the Anniversary Service in the Sangha Hall at 10:00am. Lunch will follow. Event co-chairs Reverend David Fujimoto, Jane Iida, Barry Mizuno and advisor, Rimban Jeffrey Soga, invite everyone to attend. More details to come.

CONDOLENCES

Mr. Clarence Toshio Oue of Kealakekua passed away on June 7, 2014 at Kona Community Hospital at the age of 61.

Mr. Patrick Shunji Masutomi of Kealakekua passed away on June 11, 2014 at Galanto's Nursing Home at the age of 79.

Kona Hongwanji extends our deepest sympathy and condolences to the family and relatives of those members who recently passed away. May the wisdom and compassion of Amida Buddha surround you and your family with loving memories of your loved one in the years to come.

ACKNOWLEDGEMENTS

SPECIAL DONATIONS

The Oura Family, In Memory of Hokichi Oura's 50th Year Anniversary The Oura Family, In Memory of Mitsuo Oura's 1st Year Anniversary Itsuko Sakamoto. In Memory of Tonoe Sakamoto's 17th Anniversary Sumiko Yamamoto, Gotan-E Service Edward Aoki, In Memory of Ernest & Fuyuko Aoki Desiree Aoki. Use of Facilities Stacey Aoki, In Memory of Fuyuko Aoki Mr. & Mrs. Jay Manago, Social Concerns Elaine Marumoto Dollnig, Obon In Memory of Teruyo Marumoto HIrata and Frank Okamoto Mr. & Mrs. Takeshi Matsumoto, In Memory of Kiyoto's 3rd Year Anniversary Kimiko Nomura and Sharon & Earl Nomura & Family, In Memory of Kiyoto Aoki's 3rd Year Anniversary Okamoto Family, Father's Day, In Memory of Frank Okamoto Mr. & Mrs. Francis Abe, In Memory of Clifford Sugiyama's 13th Year Anniversary Anonymous, In Remembrance of Sachiko Kirihara Kenneth & Elaine Sugiyama, In Memory of Clifford Sugiyama's 13th Year Anniversary Mr. & Mrs. Albert Watanabe, Taiko Group, Jr. YBA, Project Dana and 4-H Group Total - \$1,515.00

MEMORIAL SERVICES

Casey Kirihara & Family, 7th Year Service for Sachiko Kirihara
The Kirihara Family, 7th Year Service for Thelma Kirihara
The Oura Family, 1st Year Service for Mitsuo Oura
Takiyo & Lynette Tanaka, 7th Year Memorial Service for Thelma Kirihara
Masa, Chikae & Curt Tsukahara, In Memory Mitsuo & Sadako Tsukahara
Janet Yanagi, Memorial Service for Dorothy & Horace Yanagi, Sr.
Yasunori Deguchi, Ms. Ginny Squier, Mr. & Mrs. Kenneth Komo, Mr. & Mrs. Wesley Deguchi, Mrs. Sally Deguchi, Kevin Deguchi,
Mr. & Mrs. Roy Honda and Ms. Jean Kadooka, 13th Memorial Service In Memory of Helen T. Deguchi
Janet Fujikawa & Family, In Memory of Wally Takamoto's 1st Year Anniversary

Acknowledgements continued:

Mr. & Mrs. Toshio Nagai, Kikuda & Ota Family Service
Gladys Lovett, Hilda & Fusao Sugai and Betsy & Thomas Nishioka, In Memory of Kimiko Omoto's 7th Anniversary
Robert & Clare Sakata, Inurnment & Memorial Service for Shiro & Sayoko Sakata
Brian & Lynne Takahara, 1st Year Service for Fusae Takahara
Verna Takamoto, 1st Year Memorial Service for Wally Takamoto
Mr. & Mrs. Yukito Takamoto, 1st Year Service for Wally Takamoto

Total - \$1,445.00

HAKASOJI and NOKOTSUDO

Mr. & Mrs. Sunao Kadooka
Mr. & Mrs. Edwin Nagata
Mr. & Mrs. Hiroki Ishimaru
Mr. & Mrs. Shizuya Sakata
Mr. & Mrs. Albert Watanabe
Total - \$485.16

JIHO

Mr. & Mrs. Sunao Kadooka Mr. & Mrs. Rickie Mori Nora Koyanagi
Ray Kawahara Mr. & Mrs. Edwin Nagata Anonymous
Mr. & Mrs. Jay Manago Mr. & Mrs. Masakatsu Tsukahara Jenny Nakashima
Total - \$225.00

JUNE and JULY SUNDAY SERVICE

Offerings Total - \$179.00

OBON FESTIVAL

Daifukuji Soto Mission Christine Izumi-Baltero Alice Fujii Mr. & Mrs. Glenn Matsumoto Mr. & Mrs. George Matsuoka Darla Lovell Mr. & Mrs. Michitoshi Murakami Mr. & Mrs. Edwin Nagata May Otomo Pauline Nishina-Goodwin Mr. & Mrs. Michael Oshiro Karen Wakata Mr. & Mrs. Leighton Shirai Mr. & Mrs. Shojiro Uehana S. S. Wong Mr. & Mrs. Chad Yamamoto

CAPITAL FUND

Mr. & Mrs. Albert Watanabe Mr. & Mrs. Jay Manago Nora Koyanagi

HAWAII KYODAN DUES

Richard Egami Mr. & Mrs. Wilmer Koshi Shizue Hirano
Mr. & Mrs. Casey Kirihara Mr. & Mrs. Steven Kaneko Norma Matsumoto
Suga Suzuki Mr. & Mrs. Kazuyoshi Aoki Clifford Tanouye
Claudia Chang Mr. & Mrs. George Matsuoka Toshie Shirota
Nora Koyanagi Mr. & Mrs. Jay Manago Asano Matsumoto

Free Workshop

Simple Steps to Fall Prevention, Better Health and a Home for Life

Find out what you can do to maintain or improve your health and avoid falling. Learn about home modifications and technology that can make your home a home for life.

Wednesday, August 13, 2014 9 a.m. to noon Honpa Hongwanji Hilo Betsuin 398 Kiluauea Avenue, Hilo

REGISTER: Toll Free 1-877-926-8300 or http://aarp.cvent.com/simplestepshilo

Thursday, August 14, 2014 9 a.m. to noon King Kamehameha's Kona Beach Hotel 75-5660 Palani Road, Kailua-Kona

REGISTER: Toll Free 1-877-926-8300 or http://aarp.cvent.com/simplestepskona



FEATURING

Four Keys To Preventing Falls. The latest research shows that vision screening, medication reviews, exercise for strength and balance and improving home safety can prevent falls. Hear from the experts and participate in simple strength and balance activities to improve your health.



Homeli

Get information and tips for a comfortable, safe, and livable home. Learn about updates that can help make your home a home for life - including modifications, new design materials, and assistive devices. Featuring the Assistive Technology Resource Centers of Hawaii.









